

Calling all Mums, Dads & Carers

Introduction to Child Behaviour & Psychology...

This will be run as a 6 week course every Monday 1-3 p.m. with Mrs Alexander

Beginning Monday 11th September until Monday 16th October

There will be a certificate of attendance issued in week 6



Biscuits and drinks provided...

Informal, fun with a Mindful approach...please come along...

Areas to be discussed and reflected upon...

Mindfulness and how it can help your child

Child behaviours and contributing factors

Exploring child and adult temperament

Child development stages

Child thinking stages

Parents and children's rights

Age appropriate chores and responsibilities

Logical consequences

Positive reinforcement and behaviour strategies

Confrontation styles

Parenting styles

Communication skills

Reflective skills

Use of incentive charts

Family agreements with your child

Sexual development stages

The law regarding chastising your child

Please let Mrs Alexander know if you would like to attend on 01406380309 or send a note in to the office!